



MASONS ARMS

While you wait

Freshly baked baguette (V,Vg,GF option)

balsamic glaze & olive oil 781kcal

Large bowl of marinated olives (V, Vg option, GF option) £6.80

with feta cheese served with toasted focaccia 778kcal

Warm Higginson's pork pie £7.60

with homemade brown sauce 777kcal

Starters

Homemade soup of the day (GF opt) £5.50

served with bread & butter 315kcal

Masons Arms famous Ribs Small £10.95 Large £15.50

with freshly baked baguette Small 1500kcal, Large 2500kcal

Paprika tempura coated Halloumi fingers (V) £7.95

with rocket, red onion & a sweet chilli mayonnaise dip 287kcal

Cartmel Valley smoked salmon bruschetta £9.40

topped with a beetroot, cucumber & tomato salsa, lemon aioli on grilled English sourdough 807kcal

Boudin Noir black pudding, spinach & Cumbria Way ale pate £9.50

served with Pickles, homemade brown sauce, red onion, rocket salad & toasted English sourdough 1201kcal

Pulled confit duck in a plum sauce £8.95

shredded iceberg & cucumber salad on a warm pappadum kcal 862kcal

Oven baked Camembert, ideal to share (V) £12.95

poached pear, roasted walnut & honey, tomato salsa & a warm baguette 1162kcal

Mains

Cumbrian Beef Burger £15.75

Bacon, tomato, lettuce, cheddar, gherkin, red onion marmalade, corn on the cob, spiced tomato chutney & hand cut chips 2234kcal

Pie of the Day £14.95

Served with chunky chips & peas 1800kcal

Traditional Fish & Chips £14.95

Robinsons beer battered Haddock, hand cut chips, mushy peas & tartare sauce 959kcal

Pan fried Cumbrian Chicken Supreme (GF) £18.95

topped with parmesan, served with crispy chorizo, butterbeans, leeks, roasted new potatoes, carrot & honey puree, finished with a red wine gravy 738kcal

Wild mushroom, courgette & roasted beetroot risotto (GF) £14.50

finished with parmesan, walnuts & truffle oil 653kcal

8oz Wild Boar and Damson sausage ring £19.95

served with creamy mashed potatoes, braised red cabbage. Finished with caramelised red onion & apple gravy 1810kcal

Crispy Confit Duck leg £17.95

served with braised red cabbage, hot pot potatoes, celeriac puree & a raspberry jus 2100kcal

Pan Fried leg of Lamb steak (GF) £22.95

finished with a damson glaze and gravy. Served upon sauteed tender stem broccoli, baby onion, feta, garden peas & creamed mashed potatoes 1677kcal

Adults need around 2000kcal per day

Cumbrian cheesy Fish & leek pie £14.50

topped with creamy mashed potatoes & black sticks blue cheese, Served with buttered garden peas 722kcal

Cajun spiced Butternut squash (V, Vg option available) £13.95

grilled tomato, olive, cous cous & feta bake topped with crispy kale & served with a choice of potatoes 653kcal

8oz Sirloin £25.95

Cooked to your liking, hand cut chips, field mushroom & tomato 1271kcal

Pepper sauce (250kcal)

Blue Cheese sauce (372kcal)

Sides £3.50

Hand cut chips 543kcal / Skinny fries 655kcal/ Mixed side salad 304kcal / buttered greens 219kcal / side of braised red cabbage 242kcal / bread & butter 548kcal / onion rings 246kcal

Sandwiches £11.50

All sandwiches are freshly prepared using More bakery Artisan's freshly baked breads & served with a baby leaf salad & French fry

Cajun chicken & red pepper burger

garlic mayo dip 1550kcal

Brie, blackberry & apple toastie 1270kcal

Open Smoked salmon & cucumber 807kcal

Sandwich of the day, please see today's specials board

Children's menu

All £6.00

Battered haddock & chips with garden peas 463kcal

Chicken nuggets, fries & baked beans 498kcal

Cheese & tomato pizza, with fries & mixed leaf salad 508kcal

Cumberland sausages, garden peas & mash potato 421kcal

Desserts

£7.50

Cartmel sticky toffee pudding served with vanilla ice cream 603kcal

Forest fruits Eton Mess 493kcal

Pancakes served with maple syrup & fresh berries (V,VG) 712kcal

Warm Chocolate Muddy served with vanilla ice cream & fresh berries 420kcal

Rhubarb gin & raspberry crème Brulé 498kcal

Lakes Ice cream. 1, 2 or even 3 scoops 137kcal **£1.95 per scoop**

Choose from Vanilla, Death by Chocolate, Crushed Strawberry, Mint Chocolate Chip, Plum & Damson, Thunder & Lightning, Rum & Raisin

**Vegan ice-cream option available*

Adults need around 2000kcal per day

FOOD ALLERGIES AND INTOLERANCES. Before ordering drinks or food, please speak with a member of our staff about your requirements. Whilst we take care to preserve the integrity of our vegetarian (v) products, we must advise that these products are handled in a multi-ingredient kitchen environment. Some fish may contain small bones. All dishes are prepared in areas where allergens are present. Therefore, there is a risk that ingredients used in your meal may have accidentally come into contact with an undeclared allergen, leading to cross contamination. Cooking equipment (e.g. fryers, grills etc.) and food preparation areas may be shared and fried items containing different allergens may be cooked in the same frying oil. Please ask a team member if you would like further information. Company reg: 00170679