

# MASON'S ARMS

## **While you wait** **(£5 each or 3 for £12)**

**Mixed olives (VE,V,GF) 112kcal**

**Oven baked flatbread (VE,V) hummus & paprika 582kcal**

**Oven baked flatbread (VE,V) red onion marmalade, rock salt & rosemary 673kcal**

**Curried cauli fritters (VE,V) garlic mint mayo, coriander & red chili 560kcal**

## **Starters**

**Soup of the day (VE,V,GFO) Crusty sourdough bread & butter 517kcal £5.50**

**Salt & pepper calamari Sriracha mayonnaise dip lemon wedge, pea shoots 485kcal £7.95**

**Lamb Koftas (GF) Lemon and minted yoghurt dressing 276Kcal £7.50**

**Masons Arm's famous ribs In our special secret BBQ sauce with sourdough & butter 1600Kcal £12.00**

**Smoked salmon pappardelle Smoked salmon, fresh pappardelle, chive & crème fraiche sauce 387Kcal £7.00**

**Goat's cheese & beetroot salad (V) Candy and golden roasted baby beetroot, with goat's cheese, red chillies & candied walnuts 463Kcal £7.00**

## **The Masons Classics**

**Beer battered haddock Cumbria way ale batter, chunky chips, mushy peas & tartare sauce. 767 Kcal £16.00**

**Lakes Specialty 8oz beef burger Smoked bacon, onion rings, tomato, lettuce, cheddar, gherkin, mustard mayo & chunky chips 804kcal £16.00**

**Lakes Specialty sirloin steak 8oz (GF) Chunky chips, field mushrooms, vine tomato & watercress 1396 kcals. £26.00**

**Masons Arm's famous ribs In our special secret BBQ sauce with sourdough and butter 3117Kcal £17.50**

**British beef steak & Unicorn ale pie Yorkshire grass fed braised beef, Robinsons Unicorn ale in short crust pastry, fresh seasonal vegetables, chunky chips & gravy 853Kcal £17.00**

**Spinach, aubergine & harissa burger (VE,V) served in a vegan bun, with vegan sriracha mayonnaise & skinny fries 1089Kcal £13.00**

**Bourbon BBQ chicken burger grilled chicken breast, Bourbon BBQ sauce, grilled bacon, melted cheese, onion rings & chunky chips. 1339Kcal £15.00**

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Adults need around 200kcal per day

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## Mason's Signature Dishes

**Pan roasted sea bass (GF)** White crab meat, buttered new potatoes, leeks, peas & samphire in dill butter sauce  
623kcal **£22.00**

**Main Smoked salmon pappardelle** Smoked salmon, fresh pappardelle, chive & crème fraiche sauce 774Kcal  
**£14.00**

**Slow roasted pork belly** Panko morcilla, cauliflower puree, purple sprouting broccoli, apple & sage jus, fondant potato & black pudding bon bon 801Kcal **£17.00**

**Tandoori chicken kebab (GFO)** Two skewers of Chicken breast in tikka marinade, onions, and sweet red peppers, with fries, minted yogurt dressing and toasted pitta bread. 982Kcal **£15.00**

**Crab, prawn & chili risotto** Crab meat and peeled prawns, in a spring greens risotto 486Kcal **£16.00**

## Large seasonal salad bowls

**Grilled chicken Caesar salad (GFO)** Grilled chicken supreme, baby gem leaves, croutons, shaved Grana Padano cheese & classic Caesar dressing. 714kcal **£13.00**

**Moroccan cauliflower fritter salad (VE,V)** In a ras el hanout batter and set on a giant cous cous base with pomegranate seeds 581Kcal **£12.00**

**Goat's cheese & beetroot salad (V,GF)** Candy and golden roasted baby beetroot, with goat's cheese, fresh red chilies and candied walnuts 990kcal **£14.00**

## Flatbreads & Sandwiches

**Posh Fish Fingers** Battered haddock, soft bun, skinny fries, gem lettuce and tartare sauce 1204kcal **£11.00**

**Lamb kofta flatbread** Grilled lamb koftas, skinny fries, minted yoghurt, mixed leaves, cherry tomatoes, red onion and cucumber 813kcal **£14.00**

**Roasted red pepper and hummus flat bread (V)** Skinny fries, Mixed leaves, cherry tomatoes, and cucumber 1303kcal **£11.00**

## Sides – all £3.50

**Chunky chips (VE,V,GF)** 245kcal **Skinny fries (VE,V,GF)** 427kcal  
**Battered onion rings** 335kcal **Seasonal vegetables (VE,V,F)** 50kcal. **Peppercorn sauce (GF)** 52kcal

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## Traditional Sunday Lunch

Our roasts are served every Sunday from 12 noon. All of our Sunday roast meats are served with roast potatoes, braised red cabbage, carrot and swede mash, mashed potatoes and cauliflower cheese with gravy.

**Lakes Specialty Roast Topside Farm beef** With Yorkshire pudding & horseradish sauce **£17.00**

**Roast chicken supreme** Sage & onion stuffing with rich gravy **£17.00**

**Homemade Luxury nut roast (VE,V)** Vegan potatoes and fresh seasonal vegetables with vegan gravy **£13.00**

## Sunday Sides

Yorkshire pudding **£1.00**

Roast potatoes **£3.00**

Cauliflower cheese **£4.00**

Seasonal veg **£3.50**

## Desserts

**Cartmel Sticky toffee pudding** Served warm with Lakes award winning vanilla ice cream *744kcal* **£7.50**

**Lemon cheesecake** Pouring cream or vanilla ice cream *722kcal* **£7.50**

**Chocolate Tom fudge cake** made with Robinsons award winning Old Tom ale. Served with cream or vanilla ice cream *761kcal* **£7.50**

**Say cheese!** We have a selection of cheese to choose from – which will you choose? *1582kcal* **£12.00**

**Rhubarb & Raspberry Gin Crème Brulee (GF)** Served with seasonal fresh berries & vanilla ice cream *435Kcal* **£8.50**

**Churros** Served with chocolate and toffee dripping sauce *650Kcal* **£7.00**

**Trio of ice cream:** Chocolate, vanilla & strawberry *53kcal per scoop* **£7.50**

**Children's single scoop** *53kcal* **£1.95**

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